

CURRICULUM VITAE: TAIR BEN PORAT

Personal Details

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Languages: English (fluent), Hebrew (fluent), French (advanced intermediate)

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<https://scholar.google.co.il/citations?user=Dfcz3mIAAAJ&hl=iw>

Education: Undergraduate and Graduate Studies

Years	Degree	Institution and Department
2015-2020	PhD	School of Public Health, Department of nutrition and Metabolism, Faculty of Medicine, the Hebrew University of Jerusalem. <i>Supervised by:</i> Prof. Ram Weiss and Prof. Ram Elazary <i>Areas of Research:</i> Nutrition, Metabolism, Obesity, Public Health <i>PhD title:</i> Nutritional preventive care prior to Sleeve Gastrectomy <i>Faculty of Medicine award for Excellent PhD Dissertation</i> <i>Hebrew University award for Excellent Doctoral graduate</i>
2013-2014	MPH thesis	School of Public Health, Department of nutrition and Metabolism, Faculty of Medicine, the Hebrew University of Jerusalem. <i>Supervised by:</i> Prof. Ram Weiss and Prof. Ram Elazary <i>Areas of Research:</i> Nutrition, Obesity, Public Health <i>Thesis title:</i> Nutritional deficiencies in patients undergoing Sleeve Gastrectomy
2009-2012	MPH degree	School of Public Health, Sackler Faculty of Medicine, Tel Aviv University <i>Areas of studies:</i> Public Health, Epidemiology and Preventive Medicine
2006-2008	B.Sc. Nutr.	Institute of Biochemistry, Food Science and Nutrition, Robert H. Smith Faculty of Agriculture, Food and Environment, The Hebrew University of Jerusalem <i>Areas of studies:</i> Nutritional science <i>Magna cum laude (Excellence graduated)</i> <i>Dean's list 2007, 2008</i>

Postdoctoral studies (2021-2024)

Host institution: Department of Health, Kinesiology, & Applied Physiology, Concordia University; The Montreal Behavioural Medicine Centre (MBMC), Centre intégré universitaire de santé et de services sociaux du Nord-de-l'Île-de-Montréal (CIUSSS-NIM), Montreal, Canada.

Supervisors: Profs. Simon L. Bacon [principal supervisor] and Kim Lavoie [co-supervisor].

Funding: 1) Fonds de recherche du Québec – Santé (FRQS) International Postdoctoral Scholarship (3-years); 2) The Hebrew University Scholarship Program for Post-Doctoral Students Available to Excellent Female Doctoral Students

Postdoctoral Research Projects and Roles:

Project	Description of the Project and Role
<i>Research projects</i>	
EMBRACE study	[Evaluation of the impact of radical nutrition and Microbiome changes on BRAin funCtion and structure; https://mbmc-cmcm.ca/projects/embrace-project/]. Role: Effective Co-PI.
REBORN study	(REsearch on Bariatric care for Obesity tReatmeNt, https://osf.io/gcsrt/). A cohort study aimed to characterize bariatric patients in order to optimize their physical and mental health outcomes; https://mbmc-cmcm.ca/mbmc/projects/the-reborn-project/reborn-study-datasets/ Role: overseeing data collection, analyses, subsequent studies conceptualization.
Interchange program	A Canadian Institutes of Health Research (CIHR)-funded knowledge translation research program, aimed to engage a wide range of stakeholders (patients, healthcare professionals, health administrators, and researchers) to identify adjunct behavioural interventions for people undergoing bariatric surgery. https://mbmc-cmcm.ca/mbmc/projects/optimising-the-bariatric-patients-journey-to-wellness/ Role: Collaborator
<i>Additional roles and the scope of their activities</i>	
Meta Group	Knowledge translation unit supporting national and international associations by providing guidelines and knowledge synthesis (i.e., systematic reviews, meta-analyses, rapid reports).
Patient investigators	Integration of patients across the entire research spectrum to ensure outcomes are important and acceptable to patients. Role: managing the obesity research-related activities with patient partners [e.g., recruiting volunteer patients, team meetings, specific projects such as symposiums, etc.].

Additional Research Experience

2006-2008: Research Assistant, the laboratory of Transgenic plants, The Weizmann Institution of Science: Scientific project focused on autophagy in plants.

Academic Ranks and Tenure in Institutes of Higher Education

Years	Position
Due 10/2024	Senior Lecturer, Director of the international MPH program, School of Public Health, University of Haifa, Israel
Due 10/2024	Research Collaborator, The Montreal Behavioural Medicine Centre (MBMC), Centre intégré universitaire de santé et de services sociaux du Nord-de-l'Île-de-Montréal (CIUSSS-NIM), Montreal, Canada

Professional Experience and Positions Outside Universities

Years	Position
<i>Leadership positions in national and international associations</i>	
2016- 2024	Committee member of the Israeli Society for Metabolic and Bariatric Surgery (ISMBS)
2017- 2024	Director of the forum for Obesity and Metabolic Bariatric Surgery, The Israeli Dietetic Association (ATID)
2020- 2024	Chair of the integrated health committee, the International Federation for the Surgery of Obesity and Metabolic Disorders, European chapter (IFSO-EC)
2024-present	Member of the Development and Communication committee, The International Federation for the Surgery of Obesity and Metabolic Disorders, European chapter (IFSO-EC)
<i>Clinical experience</i>	
2008-2009	Internship in Clinical dietetics, Israeli Ministry of Health
2009-2020	Head dietitian of the bariatric multidisciplinary team and surgical departments, Hadassah Hebrew University Medical Center, Jerusalem
2011-2019	Dietetic consultant for the Israel Defense Forces (IDF), medical corps
2012-2020	Supervisor of internships of clinical dietetics (dietetic students during their clinical practice), Hadassah Hebrew University Medical Center, Jerusalem

Scholarships and Awards

Years	Title
2014	Best Poster presentation award, The Joint meeting of the Israeli Society of Endoscopic Surgery, Israel
2016	Best Oral presentation award, The Joint meeting of the Israeli Society of Endoscopic Surgery, Israel
2016	Strauss Institute personal grant for Outstanding PhD students
2017	The Guggenheim Scholarship award for excellence PhD students, School of Public Health, The Hebrew university of Jerusalem
2019	Excellence integrated allied health award, international federation for surgery of obesity and metabolic disorders (IFSO) scholarship
2020	The Hebrew University Scholarship Program for Post-Doctoral Students Available to Excellent Female Doctoral Students (2-years scholarship)
2020	The Hebrew University award for Excellent Doctoral graduate (the Osias and Taube Schlomiuk foundation prize)
2021	Faculty of Medicine of the Hebrew University award, Excellent PhD Dissertation
2021	FRQS Postdoctoral Fellowship award (3-year scholarship)
2022	Concordia University Conference travel award
2023	Dean's Special Initiative award, Knowledge-Sharing Symposium, Concordia University

Research Grants

Role	Co-Researchers	Topic	Funded by	Award	Years
Effective Co-PI	PI: Professor Simon L. Bacon; Co-Is: Professor Kim L. Lavoie Professor Sylvie, Belleville, Professor Elham Rahme, Dr. Cohen, Tamara R. Dr. Marie-Claude Audet Dr. Santosa, Sylvia Dr. Studer Anne-Sophie Dr. Pierre Garneau Dr. Angela Alberga Dr. Dajana Vuckovic	Understanding the impact of radical changes in diet and the microbiome on brain function and structure	Weston Brain Foundation, Canada	\$1,500,000 CAD	2021-2024
PI	Co-PIs: Professor Simon L. Bacon; Professor Kim L Lavoie, Dr. Marilou Cote	Optimising Bariatric Surgery Outcomes: Interventions Focused on Mental Health Support [Café Scientifique Program]	Canadian Institutes of Health Research (CIHR), Canada	\$6,000 CAD	2023-2024

List of Publications [Updated for July 25th, 2024]

Summary Table of Publications and Indexes

Citation Index	
H-Index [source: Google Scholar]	16
Number of citations [source: Google Scholar]	1074
Relative Citation Ratio [https://icite.od.nih.gov/analysis]	1.79
ORCID number: 0000-0001-5860-4972	
Google Scholar link: https://scholar.google.co.il/citations?user=Dfcz3mIAAAJ&hl=iw	
Publications	
Number of peer-reviewed papers published/accepted as first author	21
Number of peer-reviewed papers published/accepted as last author	7
Other peer-reviewed published/accepted papers	13
Total number of peer-reviewed papers published	41
Manuscripts submitted to refereed journals	3
Other documents (Dissertations, National position statements)	5
International conferences presentations	
International scientific conferences oral presentations	23
International scientific conferences posters presentations	13
International scientific conferences invited lectures	11
Total number of international conference presentations	47

1) Doctoral and Master Thesis Dissertations

PhD dissertation (2020):

Title of dissertation: Nutritional preventive care prior to Sleeve Gastrectomy

Supervisors: Prof. Weiss Ram, Prof. Elazary Ram

Date of award of degree: 21 July, 2020

Number of pages: 123

Numbers of the publications in the general List resulting from the dissertation: 8 [item no. from the following list of published articles below: #11, #17, #20, #25, #26, #30, #31 and #40]

Master's Thesis (2014):

Title of thesis: Nutritional deficiencies in patients undergoing SG. The Hebrew University of Jerusalem. Supervisors: Prof. Weiss R, Prof. Elazary R.

Number of pages: 98

Numbers of the publications in the general List resulting from the dissertation: 2 [item no. from the following list of published articles below: #2 and #4]

2) Books & chapters in collections

None

3) Articles in Refereed Journals (Published/Accepted for Publication)

1. Elazary R, Abu-Gazala M, **Ben-Porat T**, Kedar A, Mintz Y. Early outcome after Laparoscopic Sleeve Gastrectomy of type two diabetes mellitus patients with extremely elevated glycated hemoglobin (HbA1c). *International Journal of Surgery*. 2013;11(9):869-71.

[Citations: 6, IF: 15.300, Rank=2/213 in Surgery (Q1)]

2. **Ben-Porat T**, Elazary R, Yuval J B, Wieder A, Khalaileh A, Weiss R. Nutritional deficiencies following sleeve gastrectomy – can they be predicted pre-operatively? *Surgery for Obesity and Related Diseases*. 2015; S1550-7289(15).

[Citations: 99, IF: 3.900, Rank=17/200 in Surgery (Q1)]

3. **Ben-Porat T**, Sherf-Dagan S, Goldenshluger A, Yuval J B, Elazary R. Gastrointestinal phytobezoar following bariatric surgery: Systematic review. *Surgery for Obesity and Related Diseases*. 2016. 12(9):1747-1754. (Review Article).

[Citations: 50, IF: 4.496, Rank=11/197 in Surgery (Q1)]

4. **Ben-Porat T**, Elazary R, Goldenshluger A, Sherf Dagan S, Mintz Y, Weiss R. Nutritional deficiencies four years after Laparoscopic Sleeve Gastrectomy- are supplements required for a lifetime? *Surgery for Obesity and Related Diseases*. 2017;13(7):1138-1144.

[Citations: 106, IF: 3.900, Rank=17/200 in Surgery (Q1)]

5. Goldenshluger M, Goldenshluger A, Keinan-Boker L, Cohen MJ, **Ben-Porat T**, Gerasi H, Amun M, Abu-Gazala M, Khalaileh A, Mintz Y, Elazary R. Postoperative outcomes, weight loss predictors, and late gastrointestinal symptoms following Laparoscopic Sleeve Gastrectomy. *Journal of Gastrointestinal Surgery*. 2017;21(12):2009-2015.

[Citations: 31, IF:2.813, Rank=59/262 in Surgery (Q1)]

6. Sherf-Dagan S, Goldenshluger A, Balog I, Schweiger C, Kessler Y, Kowen G, **Ben-Porat T***, Sinai T* ***Co-senior author**. Nutritional recommendations for adult bariatric surgery patients: Clinical practice. *Advances in Nutrition*. 2017; 8(2):382-394. (Review Article).
[Citations: 274, IF: 6.853, Rank=3/83 in Nutrition & Dietetics (Q1)]
7. **Ben-Porat T**, Long-term nutritional impact of sleeve gastrectomy. *Surgery for Obesity and Related Diseases*. 2017;13(10):1673-1675. (Opinion Article).
[Citations: 0, IF: 3.900, Rank=17/200 in Surgery (Q1)]
8. Goldenshluger A, Elazary R, Cohen MJ, Goldenshluger M, **Ben-Porat T**, Nowotni J, Geraiis H, Amun M, Pikarsky AJ, Keinan-Boker L . Predictors for Adherence to Multidisciplinary Follow-Up Care after Sleeve Gastrectomy. *Obesity Surgery*. 2018; 28:3054–3061.
[Citations: 41, IF: 3.603, Rank=30/203 in Surgery (Q1)]
9. Sherf Dagan S, Hod K, Mardy-Tilbor L, Buch A, Regev Z, **Ben-Porat T**, Sakran N, Goitein D, Raziel A . Health and nutritional status of vegetarian candidates for bariatric surgery and practical recommendations. *Obesity Surgery*.2018;28(1):152-160.
[Citations: 17, IF: 3.603, Rank=30/203 in Surgery (Q1)]
10. Sherf-Dagan S, Hod K, Mardy-Tilbor L, Gliksman S, **Ben-Porat T**, Sakran N, Zelber-Sagi S, Goitein D, Raziel A . The effect of pre-surgery information online lecture on nutrition knowledge and anxiety among bariatric surgery candidates. *Obesity Surgery*. 2018;28(7):1876-1885.
[Citations: 20, IF: 3.603, Rank=30/203 in Surgery (Q1)]
11. **Ben-Porat T**, Elazary R, Sherf-Dagan S, Goldenshluger A, Brodie R, Mintz Y, Weiss R . Bone health following bariatric surgery: Implications for management strategies to attenuate bone loss. *Advances in Nutrition*. 2018; 9(2):114-127. (Review Article).
[Citations: 44, IF: 7.240, Rank=3/87 in Nutrition & Dietetics (Q1)]
12. Kessler Y, Adelson D, Mardy-Tilbor L, **Ben-Porat T**, Szold A, Goitein D, Sakran N, Raziel A, Sherf-Dagan S. Nutritional status following One Anastomosis Gastric Bypass. *Clinical Nutrition*. 2019; S0261-5614(19)30121-9.
[Citations: 34, IF: 6.300, Rank=14/88 in Nutrition & Dietetics (Q1)]
13. **Ben-Porat T**, Yuval JB, Elchalal U, Shushan A, Sakran N, Elazary R, Rottenstreich A. Reproductive health counseling, attitudes and practices: A cross-sectional survey among bariatric surgeons. *Surgery for Obesity and Related Diseases*. 2019;15(12):2101-2106.
[Citations: 11, IF: 3.812, Rank=30/210 in Surgery (Q1)]
14. **Ben-Porat T**, Weiss-Sadan A, Rottenstreich A, Sherf-Dagan S, Schweiger C, Mor Yosef-Levi I, Weiner D, Azulay O, Sakran N, Harari R, Elazary R. Nutritional management for chronic kidney disease patients who undergo bariatric surgery: A narrative review. *Advances in Nutrition*. 2019;10(1):122-132. (Review Article).
[Citations: 10, IF: 7.265, Rank=5/89 in Nutrition & Dietetics (Q1)]
15. Sherf-Dagan s , Goldenshluger A, Azran C, Sakran N, Sinai T, **Ben-Porat T**. Vitamin K- what is known for the bariatric surgery patients: A systematic review. *Surgery for Obesity and Related Diseases*. 2019;15(8):1402-1413. (Review Article).
[Citations: 25, IF: 3.812, Rank=30/210 in Surgery (Q1)]

- 16.** Rottenstreich A, Elazary R, Goldenshluger A, Pikarski A J, Elchalal U, **Ben- Porat T**. Maternal nutritional status and related pregnancy outcomes following bariatric surgery: A systematic review. *Surgery for Obesity and Related Diseases*. 2019; 15(2):324-332. (Review Article). [Citations: 63, IF: 3.812, Rank=30/210 in Surgery (Q1)]
- 17. Ben-Porat T**, Weiss R , Nabulsi N, Maayani A, Khalailah A, Sherf-Dagan S, Abed S, Brodie R, Harari R, Mintz Y, Pikarsky AJ, Elazary R. Nutritional deficiencies in patients with severe obesity prior to bariatric surgery- what should be the focus during the preoperative assessment? *Journal of the Academy of Nutrition and Dietetics*. 2020;5: 874-884. [Citations: 30, IF: 4.910, Rank=26/88 in Nutrition & Dietetics (Q2)]
- 18.** Goldenshluger A, Elazary R, **Ben-Porat T**, Geraiasi AF ,Levin G, Rottenstreich A. Knowledge, attitudes and barriers of patients during pregnancy after bariatric surgery. *Surgery for Obesity and Related Diseases*. 2020;16 (7): 925-930. [Citations: 16, IF: 4.734, Rank=30/211 in Surgery (Q1)]
- 19. Ben-Porat T**, Elazary R, Sherf-Dagan S, Weiss R, Levin G, Rottenstreich M, Rottenstreich A. Factors associated with the development of anemia during pregnancy after sleeve gastrectomy. *Obesity Surgery*. 2020;30(10):3884-3890. [Citations: 4, IF: 4.129, Rank=41/211 in Surgery (Q1)]
- 20. Ben-Porat T**, Sherf-Dagan S, Elazary R. Authors' Response: Nutritional deficiencies in patients with severe obesity prior to bariatric surgery- what should be the focus during the preoperative assessment? *Journal of the Academy of Nutrition and Dietetics*. 2020;120(9):1453-1454. (Opinion Article). [Citations: 0, IF: 4.910, Rank=26/88 in Nutrition & Dietetics (Q2)]
- 21.** Kaniel O, Szold A, Sakran N, Kessler Y, Langer P, **Ben-Porat T**, Moran-Gilad J, Sherf-Dagan S. The rise of one anastomosis gastric bypass- Surgeons and dietitians' insights. *Updates in Surgery*. 2021; 73:649–656. [Citations: 1, IF: 2.600, Rank=75/213 in Surgery (Q2)]
- 22.** Rottenstreich A, Levin G, **Ben-Porat T**, Rottenstreich M, Meyer R, Elazary R. Extremely early pregnancy (<6 months) after sleeve gastrectomy: Maternal and perinatal outcomes. *Surgery for Obesity and Related Diseases*. 2021;17(2):356-362. [Citations: 10, IF: 3.709, Rank=49/213 in Surgery (Q1)]
- 23.** Harari R, Toren O, Tal Y, **Ben-Porat T**. Food allergy safety: A descriptive report of changing policy in a single large medical center. *Israel Journal of Health Policy Research*. 2021;10(1):32. [Citations: 2, IF: 4.500, Rank=8/87 in Health policy & Services (Q1)]
- 24.** Asakly S, Magen-Rimon R, Ighbariya A, Marjih-Shallufi M, **Ben-Porat T**, Ravid S, Eran A, Gepstein V, Hanna S, Weiss R. Bariatric surgery associated myelopathy. *Obesity Facts*. 2021;14(4):431-439. [Citations: 1, IF: 4.807, Rank=70/180 in Endocrinology & Metabolism (Q2)]
- 25. Ben-Porat T**, Weiss R Sherf-Dagan S, Khalailah A, Rottenshtrich A, Abu Gazala M, Kaluti D, Ben-Anat ZT, Mintz Y, Sakran N, Elazary R. Food addiction and binge eating during one year following sleeve gastrectomy: prevalence and implications for postoperative outcomes. *Obesity Surgery*. 2021;31(2):603-611. [Citations: 22, IF: 3.479, Rank=57/213 in Surgery (Q2)]

26. Ben-Porat T, Weiss R, Khalaileh A, Abu Gazala M, Kaluti D, Mintz Y, Sherf-Dagan S, Yackobovitch-Gavan M, Rottenshtrich A, Brodie R, Pikarsky AJ, Elazary R. The impact of preoperative vitamin administration on skeletal status following sleeve gastrectomy in young and middle-aged women: a randomized controlled trial. *International Journal of Obesity*. 2021 Sep;45(9):1925-1936.

[Citations: 7, IF: 5.551, Rank=23/90 in Nutrition & Dietetics (Q2),]

27. Ben-Porat T, Mashin L, Kaluti D, Goldenshluger A, Shufanieh J, Khalaileh A, Abu Gazala M, Rottenstreich A, Elazary R. Weight loss outcomes and lifestyle patterns following sleeve gastrectomy: an eight-year retrospective study of 212 patients. *Obesity Surgery*. 2021;31(11), 4836-4845.

[Citations: 9, IF: 3.479, Rank=57/213 in Surgery (Q2)]

28. Sherf-Dagan S, Buch A, **Ben-Porat T**, Sakran S, Sinai T. Vitamin E status among bariatric surgery patients: A systematic review. *Surgery for Obesity and Related Diseases*. 2021;17(4):816-830. (Review Article).

[Citations: 15, IF: 3.709, Rank=50/213 in Surgery (Q1)]

29. Sherf-Dagan S, Sinai T, Goldenshluger A, Balog I, Kessler Y, Schweiger C, **Ben-Porat T**. Nutritional assessment, preparation and education for adult bariatric surgery candidates: Clinical practice. *Advances in Nutrition*. 2021;12(3):1020-1031. (Review Article).

[Citations: 19, IF: 11.567, Rank=2/90 in Nutrition & Dietetics (Q1)]

30. Ben-Porat T, Košir U, Peretz S, Sherf-Dagan S, Stojanovic J, Sakran N. Food addiction and binge eating impact on weight loss outcomes two years following sleeve gastrectomy surgery. *Obesity Surgery*. 2022;32(4):1193-1200.

[Citations: 8, IF: 2.900, Rank=63/213 in Surgery (Q2)]

31. Ben-Porat T, Peretz S, Rottenstreich A, Weiss R, Shalit O, Elazary R, Abu Gazala M. Changes in Bone mineral density following Laparoscopic Sleeve Gastrectomy: Two-years outcomes. *Surgery for Obesity and Related Diseases*. 2022;18(3):335-34.

[Citations: 2, IF: 3.100, Rank=50/213 in Surgery (Q1)]

32. Ben-Porat T, Bacon SL. Comment on: Nutrition for pregnancy after metabolic and bariatric surgery. *Surgery for Obesity and Related Diseases*. 2022;18(6):830-831. (Opinion Article).

[Citations: 0, IF: 3.100, Rank=50/213 in Surgery (Q1)]

33. Ben-Porat T, Alberga A, Audet MC, Belleville S, Cohen T, Garneau PY, Lavoie KL, Marion P, Mellah S, Pescarus R, Rahme E, Santosa S, Studer AS, Vuckovic D, Woods R, Yousefi R, Bacon SL, for the EMRACE Study Team. Understanding the impact of radical changes in diet and the gut microbiota on brain function and structure: Rationale and design of the EMBRACE study. *Surgery for Obesity and Related Diseases*. 2023; 19(9):1000-1012.

[Citations: 0, IF: 3.100, Rank=50/213 in Surgery (Q1)]

34. Fortin A, Lavoie KB, **Ben-Porat T**, Yousefi R, Pelaez S, Studer AS, Bacon SL, for the INTER-Change team. Co-Construction of Adjunct Behavioral Interventions to Bariatric Surgery: The INTER-Change Program. *Health Psychology*. 2023;42(5):343-352

[Citations: 0, IF: 4.200, Rank=15/81 in Psychology (Q1)]

35. Sherf-Dagan S, Biton R, Ribeiro R, Kessler Y Raziell A, Rossoni C, Marc-Hernandez A, Kais H, Bragança R, Santos Z, Goitein D, Viveiros O, Graham YNH, Mahawar KK, Sakran N, **Ben-Porat T**. Nutritional and Lifestyle Behaviors Reported Following One Anastomosis Gastric Bypass Based on a Multicenter Study. *Nutrients*. 2023;15(6):1515.

[Citations: 0, IF: 5.900, Rank=17/88 in Nutrition & Dietetics (Q1)]

36. Ben-Porat T, Sherf-Dagan S. Nutritional interventions for patients with severe obesity seeking bariatric surgery. *Nutrients*. (Editorial). 2023;15(3);515.

[Citations: 0, IF: 5.900, Rank=17/88 in Nutrition & Dietetics (Q1)]

37. Ben-Porat T, Sherf-Dagan S, Bacon SL. Paired editorial: Variation and Outcomes of Liver Reducing Dietary Regimens prior to Bariatric Surgery: A National Retrospective Cohort Study. *Surgery for Obesity and Related Diseases*. (Editorial). 2023;19(2), 102-108.

[Citations: 0, IF: 3.100, Rank=50/213 in Surgery (Q1)]

38. Sherf-Dagan S, Biton R, Ribeiro R, Kessler Y, Raziel A, **Ben-Porat T**, Rossoni C, Marc-Hernandez A, Kais H, Bragança R, Santos Z, Goitein D, Viveiros O, NH Graham Y, Mahawar K, Sakran N. 2023. Gastrointestinal reported outcomes following One Anastomosis Gastric Bypass among patients from two different countries. *Expert Review of gastroenterology & Hepatology*. 2023;17(6):635-643.

[Citations: 0, IF: 3.900, Rank=40/93 in Gastroenterology & Hepatology (Q2)]

39. Ben-Porat T, Bacon SL, Woods R, Lavoie KL, for the REBORN study team. (2023). Childhood maltreatment among patients undergoing bariatric surgery: Implications for weight loss, depressive symptoms and eating behavior. *Nutrients*. 2023;15(9);2046.

[Citations: 0, IF: 5.900, Rank=17/88 in Nutrition & Dietetics, (Q1)]

40. Stokar J, **Ben-Porat T**, Kaluti D, Abu-Gazhala M, Elazari R, Szalat A. Trabecular Bone Score Preceding and during a 2-Year Follow-Up after Sleeve Gastrectomy: Pitfalls and New Insights. *Nutrients*. 2023;15(15):3481.

[Citations: 2, IF: 5.900, Rank=17/88 in Nutrition & Dietetics (Q1)]

41. Ben-Porat T, Yousefi R, Lavoie KB, Stojanovic J, Bacon SL. (2023). Completeness of intervention reporting of adjunct nutritional treatments to bariatric surgery: Effect of TIDieR checklist and guide. *International Journal of Obesity*. March 2024. In press

[Citations: 0, IF: 5.551, Rank=23/90 in Nutrition & Dietetics (Q2)]

4) Entries in Encyclopedias

None

5) Other Publications/Documents

National Clinical Care Position Statements [Published]

1. Ben-Porat T, Weiss-Sadan A, Rottenstreich A, Sherf-Dagan S, Schweiger C, Mor Yosef-Levi I, Weiner D, Azulay O, Sakran N, Harari R, Elazary R. Nutritional management for chronic kidney disease patients who undergo bariatric surgery. 2020. [The Israeli Dietetic Association \(ATID\)](#).

2. Sakran N, Elazary R, **Ben-Porat T**, Sherf-Dagan, Dicker D, Liberman G, Fishman S, Rasiel A. Bariatric surgery- Clinical Care Guidelines. 2017. [The Israeli Society for Metabolic and Bariatric Surgery \(ISMBS\) and Israeli Medical Association \(HARI\)](#).

3. Sherf-Dagan S, Goldenshluger A, Schweiger C, Balog I, Kessler Y, **Ben-Porat T**, Kowen G, Nikiforoba I, Halifa IK, Weitenberg I, Sinai T. Nutritional recommendations for adult bariatric surgery patients. 2016. [The Israeli Dietetic Association \(ATID\)](#).

6) Submitted Manuscripts [articles in refereed journals]

1. Subhi H, Abu Gazala M, Manor O, Elazary R, **Ben-Porat T**. Effect of a Six-Month Physical Activity Behavioral Intervention Following Bariatric Surgery: a randomized controlled trial. 2023. Surgery for Obesity and Related Diseases.
2. Yousefi R, Lavoie KB, **Ben-Porat T**, Bacon SL, for the REBORN study team. Evaluation of the Eligibility for Bariatric Surgery from the Quality-of-Life Perspective. 2023. Surgery for Obesity and Related Diseases.
3. Parrott J, Parrott JS, Benson-Davies S, Sherf-Dagan S, O'Kane, **Ben-Porat T**, M, Leite SF, Moize V. Show me the evidence to guide nutrition practice: scoping review of macronutrient dietary interventions after metabolic and bariatric surgery. 2024. Obesity Reviews.

Participation in Scientific Conferences and Lectures

a. *Invited Plenary Lectures and Oral Presentations in International Scientific Conferences*

Year	Name of Meeting, City, Country	Presentation
2017	17 th meeting of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO), London, United Kingdom	Moderator of oral abstract session: Weight regain in bariatric surgery, the multidisciplinary team role
2017	17 th meeting of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO), London, United Kingdom <i>* Keynote lecture</i>	Invited lecture: Nutritional Deficiencies in Bariatric Surgery patients: can they be predicted preoperatively?
2018	The 1 st International Diabetes and Metabolic Surgery Summit (IDMSS), Tel Aviv, Israel	Chairman of nutrition session
2019	19 th meeting of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) conference, Madrid, Spain	Invited discussant: Integrated health session
2020	9 th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders European Chapter (IFSO-EC) [Online conference due COVID-19 Pandemic]	Invited lecture: Conducting research in the bariatric surgery Integrated Health field: Practice tools
2020	9 th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders European Chapter (IFSO-EC) [Online conference due COVID-19 Pandemic]	Chairman of Integrated Health session
2021	Annual webinar of the International Federation for the Surgery of Obesity and Metabolic Disorders European Chapter Integrated Health committee (IFSO-EC-IH)	Invited lecture: Bone loss after bariatric surgery: Mechanisms and clinical implications
2021	10 th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders European Chapter (IFSO-EC), Prague, Czech Republic	Invited lecture: Nutritional and lifestyle habits associated with suboptimal outcomes in the long-term following SG
2022	The 2 nd International Diabetes and Metabolic Surgery Summit (IDMSS), Tel Aviv, Israel	Chairman of nutrition session

Year	Name of Meeting, City, Country	Presentation
2024	12th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders – European Chapter (IFSO-EC), Vienna, Austria	Chairman of the Integrated health sessions: Mental health challenges and support pre and post MBS
2024	12th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders – European Chapter (IFSO-EC), Vienna, Austria	Invited lecture: Populations at nutritional risk before bariatric surgery

b. International Scientific Conferences: Oral Presentations

Year	Meeting, location	Title	Contributors
2014	IFSO, Montréal, Canada	Nutritional deficiencies in patients undergoing sleeve gastrectomy (LSG)	Ben-porat T , Weiss R, Wieder A, Khalaileh A, Mintz Y, Pikarsky A, Elazary R
2016	IFSO, Rio de Janeiro, Brazil	Nutritional deficiencies four years after sleeve gastrectomy-are supplements required for a lifetime?	Ben-Porat T , Elazary R, Goldenshluger A, Khalaileh A, Sherf-Dagan S, Pikarsky AJ, Weiss R.
2016	Israeli Society of Endoscopic Surgery, Eilat, Israel	Nutritional deficiencies before and after bariatric surgery *Top oral presentation award	Ben-Porat T , Elazary R, Goldenshluger A, Sherf-Dagan S, Mintz Y, Weiss R
2018	IFSO-EC, Athens, Greece	Nutritional status of vegetarian candidates for laparoscopic sleeve gastrectomy	Sherf-Dagan S, Hod, K, Buch A, Mardy-Tilbor L, Regev Z, Ben-Porat T , Raziell A
2018	IFSO-EC, Athens, Greece	Bone metabolism following bariatric surgery: mechanisms for bone loss and clinical implications	Ben-Porat T , Elazary R, Sherf-Dagan S, Goldenshluger A, Brodie R, Mintz Y, Weiss R
2018	IFSO, Dubai, United Arab Emirates	Nutritional management strategies for chronic kidney disease patients who undergo bariatric surgery	Schweiger C, Weiss-Sadan A, Mor-Yosef I, Elazary R, Sherf-Dagan S, Sakran N, Ben-Porat T
2019	IFSO, Madrid, Spain	Health state and nutritional status following one anastomosis gastric bypass	Kessler Y, Adelson D, Mardy-Tilbor L, Ben-Porat T , Szold A, Goitein D, Sherf-Dagan S
2021	IFSO-EC Prague, Czech Republic	Knowledge, attitudes and behaviors of women during pregnancy after bariatric surgery	Goldenshluger A, Elazary R, Ben-Porat T , Geraiis H, Levin G, Rottenstreich A
2021	Annual CACPR Conference, Canada	Quality of reporting adverse events from high-intensity interval training: an evidence summary report	M Vieira A, Ben-Porat T , Ribeiro ABP, Bacon SL.

Year	Meeting, location	Title	Contributors
2022	IFSO, Miami, United States	Development of adjunct behavioural weight management interventions to bariatric surgery: the INTER-Change program	Bacon SL, Fortin A, Ben-Porat T , Yousefi R, Julien C, Lavoie K.
2022	IFSO, Miami, United States	Weight management among patients undergoing bariatric surgery: Preliminary analyses of focus groups discussing possible adjunct behavioral interventions to enhance outcomes	Fortin A, Pelaez S, Ben-Porat T , Lavoie K, Julien C, Bacon SL.
2022	IFSO, Miami, United States	The reporting of behaviour changes techniques in studies of adjunct behavioural weight management interventions in patients undergoing bariatric surgery	Yousefi R, Ben-Porat T , Lavoie K, Julien C, Bacon SL.
2022	IDMSS, Tel Aviv, Israel	Bone health in mid-term sleeve gastrectomy patients, a prospective cohort study	Peretz S, Ben-Porat T , Weiss R, Abu Gazala M, Szalat A, Rottenstreich A, Elazary R
2022	IDMSS, Tel Aviv, Israel	Physical activity behavioral intervention to improve outcomes of bariatric surgery	Subhi H, Ben-Porat T , Abu Gazala M, Manor O, Elazary R
2023	Canadian Obesity Summit, Whistler, BC, Canada	Childhood maltreatment and changes in weight loss, depressive symptoms and eating behavior following bariatric surgery	Ben-Porat T , Bacon SL, Košir U, Woods R, Fortin A, Lavoie KL
2023	Canadian Obesity Weekend, the Canadian Association of Bariatric Physicians and Surgeons [CABPS], Toronto, Canada	Who benefits from bariatric surgery from a quality-of-life perspective: one-year findings from the REBORN study	Yousefi R, Ben-Porat T , Lavoie KL, Bacon SL
2023	Canadian Obesity Weekend, CABPS, Toronto, Canada	The relationship between a history of childhood trauma and trajectories of weight loss and depressive symptoms following bariatric surgery	Oliverio S., Bacon S.L., Lavoie K., Košir, U, Woods, R, Fortin, A., Ben-Porat, T

Year	Meeting, location	Title	Contributors
2024	Canadian Obesity Weekend, CABPS, Montreal, Canada	Self-esteem trajectories and physical activity at 5y post bariatric surgery	Budrick J, Côté M, Bacon S, Lavoie K, Dialufuma VM, Ben-Porat T
2024	Canadian Obesity Weekend, CABPS, Montreal, Canada	Emotional eating trajectories following metabolic and bariatric surgery (MBS): Associations with 5-year weight loss outcomes	Côté M, Olivero S, Bacon S, Lavoie K, Dialufuma VM, Ben-Porat T
2024	Canadian Obesity Weekend, CABPS, Montreal, Canada	Maladaptive eating behaviours at the long-term post-metabolic bariatric surgery: Implications for weight loss outcomes	Acosta P, Cohen TR, Bacon SL, Lavoie KL, Dialufuma VM, Ben-Porat T
2024	Canadian Obesity Weekend, CABPS, Montreal, Canada	Tailored Nutrition Education Resources for Adolescents Undergoing Metabolic and Bariatric Surgery: Addressing a Critical Need	Acosta P, Bacon S, Ben-Porat T , Cohen TR
2024	Canadian Obesity Summit, Alberta, Canada	Impact of age-onset obesity on post-bariatric surgery outcomes: A 5-year analysis of Quality of Life and Physical Activity	Plissonneau C, Nadeem MI, Ben-Porat T , Bacon S, Sylvia S.
2024	Health Psychology European conference, Cascais, Portugal	External eating trajectories following metabolic and bariatric surgery: Associations with 5-year weight loss outcomes	Olivero S, Côté M, Bacon S, Lavoie K, Dialufuma VM, Ben-Porat T

c. International Scientific Conferences: Posters

Year	Meeting, location	Title	Contributors
2014	Israeli Society of Endoscopic Surgery, Eilat, Israel	Nutritional Deficiencies in Patients Undergoing bariatric surgery *Top poster award	Ben-porat T , Weiss R, Wieder A, Khalaileh A, Mintz Y, Pikarsky A, Elazary R
2016	IFSO, Rio de Janeiro, Brazil	Nutritional recommendations for bariatric surgery- Israel dietetic association position statement	Schweiger C, Sherf-Dagan S, Goldenshloger A, Balog I, Kessler Y, Sinai T, Ben-Porat T
2017	IFSO, London, United Kingdom	Gastrointestinal Phytobezoar Following Bariatric Surgery *Top poster session	Ben Porat T , Sherf-Dagan S, Goldenshluger A, Yuval J. B, Elazary R

Year	Meeting, location	Title	Contributors
2017	IFSO, London, United Kingdom	Physical activity and sleeve gastrectomy	Goldenshluger A, Goldenshluger M, Keinan-Boker L, Cohen MJ, Ben-Porat T , Gerasi H, Elazary R
2017	IFSO, London, United Kingdom	Phytobezoar: a rare late complication following laparoscopic sleeve gastrectomy surgery	Ben Porat T , Elazary R, Goldenshluger A, Sherf-Dagan S, Grinbaum R, Beglaibter N
2017	IFSO, London, United Kingdom	Predictors for adherence to multidisciplinary follow up care after sleeve gastrectomy [post-operative care]	Goldenshluger A, Cohen M. J, Goldenshluger M, Ben-Porat T , Gerasi H, Amun M, Keinan-Boker L.
2018	IFSO, Dubai, United Arab Emirates	The operation was successful, but the patient returned for 3 rd procedure	Yogev O, Sherf-Dagan S, Ben-Porat T , Liberman N, Poraz I, Schweiger C
2019	WCITD Congress, New York, United States	Maternal nutritional status and related pregnancy outcomes following bariatric surgery	Rottenstreich A, Elazary R, Goldenshluger A, Pikarsky AJ, Elchalal U, Ben-Porat T
2019	IFSO, Madrid, Spain	Nutritional deficiencies of morbid obese patients prior to bariatric surgery are associated with ethnic factors	Nabulsi N, Ben-Porat T , Weiss R, Sherf-Dagan S, Khalaileh A, Abed S, Brodie R, Harari R, Mintz Y, Pikarsky AJ, Elazary R
2023	International Congress of Behavioral Medicine [ICBM], Vancouver, BC, Canada	Sex Differences in Weight Self-Efficacy and Post-Surgical Weight Loss in Bariatric Surgery Patients	Burdick J, Ben-Porat T , Yousefi R, Woods R, Bacon S, Lavoie K
2023	Canadian Obesity Weekend, CABPS, Toronto, Canada	The impact of diet and gut microbiota changes on brain function and structure: EMBRACE	Ben-Porat T et al. for the EMBRACE study team
2024	Canadian Obesity Summit, Alberta, Canada	Depressive symptoms trajectories and 5-year weight loss outcome following bariatric surgery	Côté M, Olivero S, Bacon SL, Lavoie, KL, Ben-Porat T .
2024	Health Psychology European conference, Cascais, Portugal	Who gains the most quality-of-life benefits from metabolic bariatric surgery: one-year findings from the prospective REBORN study	Yousefi R, Lavoie KB, Ben-Porat T , Bacon SL

d. Seminar (oral) presentations at universities and institutions

Year	Department, University/Institution	Title of Presentation	City, Country
2024	The Department of Nutrition, The Faculty of Medicine, Université de Montréal	Nutritional and Metabolic Aspects of Obesity and Weight Loss Surgery: From Mechanisms to Interventions	Montréal, QC, Canada
2024	Centre de recherche du CHUM [Centre hospitalier de l'Université de Montréal]	Nutritional, Metabolic and behavioural Aspects of Obesity and Weight Loss Surgery: From Mechanisms to Interventions	Montréal, QC, Canada

Scientific Review Activities

Journal's Ad-hoc reviewer

Years	Journal	Journal Index	# Reviewed
2016-2023	<i>Surgery for Obesity and Related Diseases</i>	IF: 3.709, 49/213 in Surgery, Q1	8
2021	<i>International Journal of Obesity</i>	IF: 5.551, 34/180 in Endocrinology & Metabolism, Q2	1
2018-2021	<i>Advances in Nutrition</i>	IF: 11.567, 2/90 in Nutrition & Dietetics, Q1	4
2018-2020	<i>Clinical Nutrition</i>	IF: 7.643, 13/90 in Nutrition & Dietetics, Q1	3
2018	<i>British Journal of Surgery</i>	IF: 11.782, 6/213 in Surgery, Q1	2
2015	<i>Diabetologia</i>	IF: 10.460, 8/180 in Endocrinology & Metabolism, Q1	1

Journal's editorial roles

1. Special Issue Guest Editor: "The Role of Nutritional Intervention in Obesity Treatment". *Nutrients*. Role due: September 2022 until June 2023. (IF: 6.706, Rank=17/88 in Nutrition & Dietetics, Q1)

Conference review activities

- 2024: 12th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders – European Chapter (IFSO-EC), Vienna, Austria.
- 2022: The 2nd International Diabetes and Metabolic Surgery Summit (IDMSS), Israeli Society for Metabolic and Bariatric Surgery (ISMBS), Tel Aviv, Israel.
- 2021: 10th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders European Chapter (IFSO-EC), Prague, Czech Republic.
- 2018: The 1st International Diabetes and Metabolic Surgery Summit (IDMSS), Israeli Society for Metabolic and Bariatric Surgery (ISMBS), Tel Aviv, Israel.

Scientific Conferences and Symposiums Program Development roles

Conferences and symposiums program Conceptualization

1. Annual IFSO-EC 2024 conference, Vienna, Austria
2. Annual IFSO-EC 2023 conference, Zurich, Switzerland
3. Scientific 2-days symposium for clinicians, researchers and patients [MBMC lab, 2023, Montréal, QC]: Health behavioral interventions adjunct to bariatric surgery: “Bariatric Surgery - Optimizing the Patient's Journey to Wellness. Special event focused on the patient experience” - <https://mbmc-cmcm.ca/mbmc/projects/optimising-the-bariatric-patients-journey-to-wellness/>
4. Annual IFSO-EC 2022 webinar: Medications and supplementation following bariatric surgery
5. Annual IFSO-EC 2021 webinar: Bone health and bariatric surgery
6. Annual IFSO-EC 2021 conference, Prague, Czech Republic
7. Annual IFSO-EC 2020 conference, online due to Covid-19
8. National Forum scientific meeting events of the Nutritional Bariatric Surgery Forum of the Israeli Dietetic Association (ATID) (three meetings per year, 80-100 attendees per a meeting, since 2017, in person or remotely]

Teaching Experience

Years	Course Title	Organization	N. of students
2012-2013	Nutrition therapy in hospitalized patients	Nursing School, Hebrew University of Jerusalem	50 students/year
2012-2020	Nutritional therapy for patients after abdominal surgery, medical students in their clinical studies	Hadassah Hebrew University medical center	15-20 students/year
2012-2020	Supervision and lecturing in internships of clinical dietitians	Hadassah Hebrew University medical center	10 students/year
2014-present	Nutritional therapy in metabolic bariatric surgery: clinical practice	Israeli dietitians Association (ATID)	50-90 students/year
2024 – present	Scientific writing	Israeli dietitians Association (ATID)	30 students /year
Due 10/2024	Nutrition role in public health	School of Public Health, University of Haifa, Israel	
Due 10/2024	Obesity: prevention, treatment, and intervention strategies	School of Public Health, University of Haifa, Israel	
Due 10/2024	Advanced topics and approaches in obesity for dietitians	School of Public Health, University of Haifa, Israel	
Due 10/2024	Research methods	School of Public Health, University of Haifa, Israel	
Due 10/2024	Introduction to global public health	School of Public Health, University of Haifa, Israel	
Due 10/2024	Obesity and weight management: from mechanistic understanding to intervention development	School of Public Health, University of Haifa, Israel	

Student Supervision and Mentoring

Years	Student; project title	Role	Degree	Status
<i>PhD [doctoral] students</i>				
2021-present	Yousefi, Reyhaneh; Concordia University. The impact of changes in dietary patterns and eating behaviours on post-surgical weight outcomes - the REBORN cohort	Academic advisor Principal Supervisors: Bacon, Simon L. Lavoie, Kim	PhD Health and Exercise Science	<i>In progress</i>
2023-present	Acosta, Patricia; University of British Columbia; Changes in dietary patterns and eating behaviours from pre to post bariatric surgery – the EMBRACE study	Co-Supervisor Principal Supervisor: Tamara R. Cohen	PhD Nutrition	<i>In progress</i>
<i>Masters students</i>				
2019-2021	Mashin, Lior; Hebrew University of Jerusalem. MD's research project title: Long-term (8-years) weight and metabolic outcomes of sleeve gastrectomy (SG)	Co-Supervisor Principal Supervisor: Elazary, Ram	MD	<i>Completed</i>
2020-2023	Subhi, Haya; Hebrew University of Jerusalem. Thesis Title: Physical activity behavioral theory-based intervention to improve health outcomes post bariatric surgery	Academic advisor Principal Supervisors: Manor, Orly, Elazary, Ram	MPH	<i>Completed</i>
2021-2022	Peretz, Shiraz; Hebrew University of Jerusalem. MD's research project title: Bone health in mid-term (2 years) following SG	Co-Supervisor Principal Supervisor: Abu Gazala, Mahmud	MD	<i>Completed</i>
2022-2024	Burdick, Jessica Marie; Concordia University. Thesis title: Dietary clusters pre-metabolic bariatric surgery and metabolic status	Academic advisor Principal Supervisors: Bacon, Simon L., Lavoie, Kim	MSc Health and Exercise Science	<i>Completed</i>
<i>Batchelor's students</i>				
2022	Iannuzzi, Julia; Bachelor in psychology Concordia University. Batchelor's research project (course SCOL 391): The impact of age on weight loss after bariatric surgery	Academic advisor Principal Supervisor: Bacon, Simon L.	Bachelor in psychology	<i>Completed</i>

Years	Student; project title	Role	Degree	Status
2023	Allaw, Tarek; Bachelor in biology, Concordia University. Bachelor's research project (course SCOL 391): Experience in general wet lab work related to EMBRACE study	Academic advisor Principal Supervisor: Bacon, Simon L.	Bachelor in Biology	<i>Completed</i>
2023	Bellerose, Jeanne; Bachelor in psychology, Concordia University. Bachelor's research project (course SCOL 391): Experience in self-reported data and patients' recruitment as a part of the EMBRACE study	Academic advisor Principal Supervisor: Bacon, Simon L.	Bachelor in psychology	<i>Completed</i>
2023	Sabbagh, Berlant; Bachelor in Biology, Concordia University. Bachelor's research project (course SCOL 391): Experience in lab assessments of clinical and inflammatory markers, the EMBRACE study	Academic advisor Principal Supervisor: Bacon, Simon L.	Bachelor in Biology	<i>Completed</i>
2023	Pereira, Guilherme; Bachelor in Psychology, Concordia University. Bachelor's research project (course SCOL 391): Psychological instruments data collection quality check, the EMBRACE study	Academic advisor Principal Supervisor: Bacon, Simon L.	Bachelor in psychology	<i>Completed</i>

Community and Volunteer Activities

Years	Role	Activities
2000-2002	NCO of education, Engineering corps (Troop 605), The Israel Defense Forces	Educational activities for soldiers and officers in the Engineering corps
2006-2008	The Perach Tutorial Project (a National Social Program)	Conducting musical classes [piano and guitar] for school student (groups and individuals) during school hours